



# EAT SMART, BE ACTIVE

**FREE! LEARNING OPPORTUNITY**

**WEDNESDAYS STARTING JUNE 9, 2021**

**6:00PM-7:00PM at The Narrow Way Farm**

3622 Johnsville Brookville Road

Brookville, OH 45309

The Expanded Food and Nutrition Education Program (EFNEP) can show you how to eat healthier and be more active even on a limited budget. Through an 8-week program we will discuss physical activity, food safety, healthy eating, meal planning and budgeting, and much more.

Those who complete the series will receive a certificate of completion from Ohio State University. Small gifts are given at each session. Adults and youth of all ages are welcome! Join us Wednesdays on the farm for engaging discussions, activities, and games.

For more information please contact:

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—We Sustain  
Life—

[efnep.osu.edu](http://efnep.osu.edu)



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES